in
VEDIC CULTURAL STUDIES
Syllabus for
Beginners Grade
(Minimum age - 5 - 6 years)

### **Practical**

- Vedic chanting
   Shanti mantra Om badram no apivaatayamanaha
- 2. Slokas
- On waking KaraagrevasateLakshmihi
- Whenlighting a lamp Dipajyotirparabrahma
- Ganesha Shuklaambaradharam
- **Guru** Guru Brahma
- Sarasavathi Sarasvathinamasthubhyam
- Mahavishnu Namassamastabhutaanaam
- Maha Lakshmi NamastestuMahaamaaye
- 3. <u>Bhagavad Gita Verse</u> Chapter 18 –Verse 66 sarvadharmaan

#### **Oral Theory:**

- Identify the pictures of Deities Ganesha, ShivaandParvathi, Vishnu and Lakshmi,and Subhramanya.
- Identify the weapon's for the following Gods: : Shiva, Vishnuand Subhramanya

NOTE: There is no written examination for Beginners Grade

# in VEDIC CULTURAL STUDIES Syllabus for Grade I (Minimum ages 6 - 7 years)

# **Practical**

- 1. Vedic chanting
  - Shantimantra's
    - Sahanavavatu
    - Poornamada
- 2. Slokas
- Ganesha Vakratunda
- Guru Guravesarvalokaanaam
- Shiva VaamadevamMahaadevam
- Shiva and Parvathi Maata Cha Paarvati Devi
- Surya Namah SuryayaShaanthaaya
- Maha Vishnu Kaayena Vaachaa
- Before eating to Goddess Annapurna annapoornesadaapoorne
- 3 Bhagavad Gita
- Gita verse before eating ahamvaishvaanarobhoothva

#### **Oral Theory:**

- 1. **Identify the pictures of Deities** (Ganesha, Shiva and Parvati, Vishnu and Lakshmi, and Sarasvati).
- 2. **Name the Vaahanaas of the following Deities**: Ganesha, Shiva, Vishnu and Sarasvati.
- 3. Sanskrit alphabets (Vowels) and Dipthongs

**NOTE:** 1. Previous Level syllabus should be covered when sitting for this grade.

2. There is no written examination for Grade 1

in

# VEDIC CULTURAL STUDIES Syllabus for

Grade 2

(Minimum ages 6 - 7 years)

# **Practical oral examination only**

# 1. Vedic chanting

Ganesha dyana mantra - Ganaanaan tva

Shanti mantra - SarveBhavantu

### 2. Slokas

On stepping on the floorafterawakening - Samudra-vasanedevi

Before a bath - Gange ca yamune caiva

Whilelighting a lamp - Shubhamkarotikalyaanam

Ganesha- Agajaananapadmaarkam\*

Parvathi- Sarvamangalamaagalye

Durga - Yaadevisarvabhuteshu

Rama - RaamaayaRaamabhadraaya

Krishna - Krishnaaya Vaasude vaaya

Krishna - Vasudevasutam\*

Hanuman - Manojavammaarutha

Adi Shankara - ShankaramShankaraacaaryam

Vyasaachariya and Adi Shankara - Shruthismrithipuraanaanaam

**Surya** - Aadideva namastubhyamprasiida

#### 3. Bhagavad Gita Verses

Gita Dyaana Shloka – Yam brahmaa

**Chapter 1 –** verse 1 - Dharmakshetre kurukshetre

**Before Eating**—Chapter 4 – verse 24 - Brahmaarpanam

### **Theory: (written only)**

- 1. **Ramayana** chapter on Baalakaandam
- 2. **Identify the pictures of deities and describe their significance** (Durga, Rama and Sita, Krishna, Subhramanya and Hanumaan).
- 3. **Name the vaahanas of the following deities**: Ganesha, Shiva, Vishnu, Durga, Sarasvati, Subhramanya.
- 4. **Associate festivals with the following deities** Ganesh, Krishna, Rama, Durga, Lakshmi, Saraswati,
- 5. **Sanskrit** alphabet (Consonants and vowels)

**Notes** 1. Previous Level syllabus should be covered when sitting for this grade.

2. A written theory examination will be conducted for this grade for 60 minutes

in

Vedic Cultural studies
Syllabus for Vedic studies
Grade 3

(Minimum age to sit for exam - 7-8 years)

### Practical:

# 1. Vedic Chanting:

Pavamaana mantra from Brihadaranyaka Upanishad - Asatomaasadgamaya

Svasti mantra - Svastiprajaabhya,

Svasti mantra - Kale varshatuparjanyaha

Aarthi mantra - Raajaadhiraajaayaprasahyasaahine

Shanthi Mantra - Shanno mitra shamvarunaha

### 2. Slokas &Stothras

### Sloka's

Mahavishnu Dyana sloka – Shaantaakaarambhujagasayanam

Sarasvatisloka-yaakundendutushaarahaaradhavalaa

Smartha Gayathri –yo deva savitaasmaakamdhiyodharmadi

Adi Shankara - Sadaashiyasamaarambhaam

#### Stotra's

**Gurustrotram** – 3 verses (1<sup>st</sup> 2<sup>nd</sup> and last verse)

Siva Panchaksharastotra by Aadi Sankara – 2 verses

Ganesha pancharatnam by Aadi Shankara - 2 verses

# 3. Bhagavad gita -

**Any 3 of the following selected verses from chapter two**: 1, 2, 3, 4, 5, 7, 8, 11, 13, 21, 23, 24, 25, 29, 36, 37, 47, 55, 59, 70, 72.

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not memorised in this syllabus.

#### Theory:

Written examinations for 90 minutes will be held for the following:

- 1. **Ramayana** Ayodhayakandam.
- 2. **Festivals** Describe the following festivals. Maha Shivarathri and Deepavali
- 3. Describe in brief the following **stories from Bhagavatapuranam-** Dhruva, Prahllada, and from Shiva puranam–Markandeya story.
- 4. **Sanskrit** –Joining consonants and vowels, Conjunct consonants. Reading simple words (2-3 syllable words)

**Notes** 1. Previous Level syllabus should be covered when sitting for this grade.

2. A written theory examination will be conducted for this grade for 90 minutes

in

Vedic Cultural Studies Syllabus for Diploma Year 1 (Grade 4) (Minimum age to sit for exam – 8-9 years)

#### Practical:

- 1. Vedic Chanting:
- Gaayatri Bhurbhuva
- Other Gayatri Mantra's on Durga, Lakshmi, Sarasvati, Rudra, Narayana, Subhramaniya and Surya
- Aarti mantra -Natatra sutyobhatinachandrataarakam
- Maha Mruthyunjaya mantra
- Dasa Shanthi Patas
- 2. Sloka and Stotras
- Sloka'sAksharaforgiveness Yadhakshara-padabhraishtam
- Forgivancechantingof mantras: Mantra-heenam
- Pradkshinasloka YaaniKaani ca
- Surya narayanavandana- namasavitredhyesavitrumanadalam Stotra's
- Lingaashtakam by Adi Shankara verses 3 Verses
- Mahalakshmistotraby Indra- Mahaalakshmistotra 4 Verses
- NavagrahastotrabyVyasachaariyar- 4 Verses
- **SubhramanyaPancharatnam**byAdishankara- 3 Verses
- LalithaPancharathnam- byAdishankara 3 Verses

3.BhagavadGitaa – Thefollowingselected verses from Chapter III: - Verses: 1, 2, 3, 4, 5, 8 - Any 3 verses ChapterIV: 1, 2, 16, 17, 18, 34, 36,38 - Any 3 verses (Be able read and recite the others)

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not memorised in this syllabus.

#### Theory:

Written examinations for 90 minutes will be held on the following topics:

- 1. Meanings of the Level 1 to 3 practical lessons
- 2. Ramayana Aranya kaandamand KishkindhaKaandam will be examined.
- 3. **Avataras-** Matsya, Kurma, Varaaha, Vaamana, Narasimha, Rama and Krishna
- 4. Krishna story Birth to Dwaraka
- 5. Life history of Adi Shankara and Vyasacharya.
- 6. **Sanskrit** vocabulary seasons, months of the year, fruits, flowers, writing and reading of words and small sentences.

- **1.** A written theory examination will be conducted for this grade for 90 minutes.
- 2. Previous Grades' syllabuses should be covered when sitting for this grade.

in

Vedic Studies
Syllabus for Vedic studies
Diploma Year 2 (Grade 5)
(Minimum age to sit for exam –9 -10 years)

### Practical:

- 1. Vedic Chanting:
  - Medha suktam Mantras 1 3
  - **Durga Suktam** Mantras 1 -3
  - Mantra Pushpam Mantras 1 3
  - **Upanishad Mantras** from:
    - o Ishavasya Upanishad Mantra 1 and 2
- 2. Sloka and Stotra

Sloka

Dwadasajyotirlingasmaranam

**Yama vandanam** – Yamaayadharamaraajaya

Lalitha sahasranaamam – Verses 1 to 2

Stotra- encouraged to memorise the whole stotra

Shaaradhastotram - verses 1-4

Madhuraashtakam – Verses 1-3

Maargabandhustotra - Verses 1 to3

Raamastotra- Verses 1 to 4

Aadithya hridayam – verses 1 to 10

Annapurna stotra – Verses 1 to 3

3. Bhagavad Gita

**Chapter 5: Verses** – 1, 2, 3, 6, 8, 9, 13 (Any 2 verses)

**Chapter 6: Verses** – 3, 5, 11, 12,13, 14, 25 (Any 2 verses)

**Chapter 7: Verses** – 6, 7, 16, 18 (Any 2 verses)

- 4. Works of Adi shankara:
  - BhajaGovindam 5 verses and be able to read the rest of the 5 verses given in the syllabus book
- **5. Dwadasanamavali Any one of the following** -12 names of a.Ganesha, b.Shiva and c.Paarvati

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not memorised in this syllabus

# ACADEMY OF FINE ARTS (LONDON)

#### **PUBLIC EXAMINATION**

in

Vedic Cultural Studies
Syllabus for
Diploma Year 2 (Grade 5)
(Minimum age to sit for exam – 9 -10 years)

### Diploma Year 2 (contd.)

#### Theory:

Written examinations for two hours will be held for the following:

- 1. Meaning of grade 1 to 5 practical lessons and significance of the chants and verses
- 2. Raamaayana- Sundara Kaanda and Yudhak!aanda will be examined.
- 3. **Sri Krishna storyfrom Bhagavethapuranam**Reunion with Vasudeva and Dewaki, Krishna and Balarama's brahmacharyam with Guru Sandeepany, Krishna visits Akroora in Hastinapura, Jarasandha and the rise of Dwaraka, Muchukunda, Rukmani Haranam, The jewel syamantaka, Mura and Narakasura slaying, Jarasandha vadham, The Rajasuya yagya, Sudama, Subhadra haranam.
- 4. Maha Bhaaratha Story of:

Shakuntalaa, King Shaantanu, Bhima, Amba, Ambalika and Ambika story, Dhritaraashtra, Paandu,Paandava's and Kaurava's, Karnaa, Dronaa and Kripaachaarya

Short notes on: Yama and Niyamas

- 5. Short Notes for the following:
  - 1st 3 chapters of Gita based on the important verses in the syllabus
- 6. **Sanskrit** vocabulary –Names of Vegetables and Names of Birds.

- 1. A written theory examination will be conducted for this grade for 120 minutes.
- 2. Previous Grades' syllabuses should be covered when sitting for this grade.
- 3. Journal to be presented on Ramayana
- 4. Sanskrit Grade 1 encouraged to completed Grade 1 sanskrit for this grade

in

Vedic Cultural Studies Syllabus for Vedic studies Diploma Year 3 (Grade 6)

(Minimum age to sit for exam – 10 -11 years)

# (Encouraged to complete grade 1 sanskrit examination)

# **Practical:**

- 1. Vedic Chanting:
  - Sri suktham 1- 4Mantras
  - Medha suktam all Mantras
  - Durga Suktam all Mantras
  - Rudram Anuvaka 1
  - Mantra Pushpam allMantras
  - Isavasya Upanishad Mantra 15-18
  - Kena Upanishad First Kanda Mantra 1 and 2
  - Mundaka Upanishad First Kanda Mantra 1 and 2

### 2 Sloka and Stotra:

#### Sloka's

- Lalitha Sahasranama Dyana slokas all Verses
- Vishnu sahasranama - Dyana slokas all Verses

# Stotra's (Encouraged to memorise the whole stotra)

- Dakshinamurthystotra verses 1-4
- Nirvaanashathakam Verses 1-4
- Achyutaashtakam Verses 1 to 4
- Subhramaniya Bhujangam Verses 1 to 5

#### 2. Works of Adi shankara:

Sadhana Panchakam - verses 1&2

3. Bhagavad Gita (Any two verses per chapter)

Chapter 8: Verses – 2, 8, 14 (Any 2 Verses)

Chapter 9: Verses - 2, 4, 5, 18, 22, 26(Any 2 verses)

Chapter 10: Verse - 41

Chapter 11: Verses – 18, 19, 32, 33, 43, 48 (Any 2 verses)

4. Dwadasanamavali/Sahasranama's

**Any one of the following –Dwadasanamavali:** 12 names of a.Vishnu, b. Lakshmiandc.surya

Sahasranama – Vishnu sahsranamam – Verses 1 to 10

Lalitha sahasranamam- Verses 1 to 10

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not given in this syllabus and are encouraged to memorise the whole stotra's.

in

Vedic Cultural Studies Syllabus for Diploma Year 3(Grade 6)

(Minimum age to sit for exam – 10 - 11 years)
(Encouraged to complete grade 1 sanskrit examination)

# **Diploma Yearl 3 (contd)**

# Theory:

# Written examinations for two and half hours will be held for the following:

- 1. Meaning of practical lessons from Grade 1 to Diploma year 3 and significance of the chants and verses
- 2. **Krishna Story from Bhagavatha Puranam** –Dwaraka toMahabharatha war, Avadhuta. YadhukulaSamhara
- 3. Maha Bharata stories-Kurukshetra war
- 4. **Samskaaras** 15 disciplines prescribed from the vedic tradition from conception to Marriage
- 5. Important pilgrimage sites and background significance of:
  - Himalaya Chardham
  - Vishnu Chardham
  - DwadasaJotir Linga
- 6. Short Notes on the following Upanishads
  - Isavasya Upanishad :
- 7. Short Notes on Adi shankara's works- BhajaGovindam
  Short Notes on summaries of Bhagavad Gita Chapters 4 to 6
- 8. Life history of
  - Sapta Rishi's Atri, Gautama, and Bharadwaja
  - Ramana Maharishi.
  - Sri Ramakrishna Paramahamsa

- 1. All students sitting for the practical exams should submit a list of all what is learnt or covered for the grade and for the previous grades.
- 3. At the practical exam, students will have to chant or recite what is chosen by the examiner(s) from the list submitted by the student.
- 4. Previous Grades' syllabuses should be covered when sitting for this grade.
- 5. Sight reading will be given by the examiner to read Sanskrit transcription of chants and Stotras.
- 6. Prepare and submit a Journal (scrapbook) at the exam. Marks will be allocated for the Journal which should be hand written.

in

Vedic Cultural Studies
Syllabus for
Diploma Year 4 (Grade 7)

(Minimum age to sit for exam - 11-12 years)

# (Encouraged to complete grade 2 sanskrit examination)

#### Practical:

1. Vedic Chanting:

Navagraha Gayatri

Nakarmana

Rudram - Anuvaka1 to 3

Purusha suktham – 1- 4mantras

**Kato Upanishad** – 1<sup>st</sup> chapter – Mantra 1 and2

Prashna Upanishad – Mantras 1 and 2

Aitreya Upanishad – Mantras 1 and 2

#### 2. Sloka and Stotra:

Sloka:

Ganesha - Prathamamvakrathundam

Hanuman - Bhudirbalam

**Panchamaatuhastuthi** 

Subhramaniyastuthi

Stotras:(Encouraged to memorise the whole stotra's)

Guru stotras: Thotakaashtakam - verses 1-4 or

Guru ashtakam - verses 1-4

Ganesha: Ganeshaashtakam (alsoknown as Gananaayakaashtakam-

ekadantam

Shiva stotras: Shivashtakam – verse 1-4 or

Kala Bhairavastotra – verses 1 – 4 or Vaidyanatha ashtakam Verses 1 to 4

**Devi stotras**: Mahishasura mardhinistotra – verses 1-4 or

Ashtalakshmistotra – verses – 1 to 4 or

Ganga stotra – verses 1 – 4

Krishna: - Krishnaashtakam - Verses 1 to 4

#### 3. Dwaadasanaamavali, ashtotra and sahasranaama

**Dwaadasanaamavali:** Subhramaniya, Durga or Saraswathy (Learn to read the other 2)

**Ashtotra –** any one of the following – Ganesha, Shiva or Parvathi

**Sahsranama**—Vishnu dyana slokas – all and Vishnu sahasranama – verses 11-30

Lalitha Sahasranama – verses 11-30

in

Vedic Cultural Studies
Syllabus for
Diploma year 4 (Grade 7)

(Minimum age to sit for exam – 11-12 years)

(Encouraged to complete grade 2sanskrit examination)

Diploma (contd.)

4. Works of Adi shankara:

Sadhana Panchakam – verses 1 to 5 Soundarya lahari –verse 1, 27and 66

5. Bhagavad Gita

**Chapter 12 – Verses - 1**, 2

Chapter 13: Verses - 1, 2, 3, 6, 8, 9, 10, 11, 12, 13, 14, 15, 23 (Any 3 verses)

Chapter 14: Verses – 1, 2, 3, 4, 5, 6, 12, 13, 14, 15, 16 (any 3 verses)

6. Shiva maanasa pooja

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not memorised in this syllabus.

### **Audio- Visual Examination**

There will be a half to an hour Audio-Visual examination, to be held after the Theory exam. Audio-Visual marks will be awarded as a bonus only to candidates who pass the Theory exam.

### Theory:

Written examinations for two and half hours will be held for the following:

- 1. Meaning of practical lessons of grade 7 and significance of the chants and verses.
- 2. Significance of Bhairava, Dhanavantari, Veerabhadra and Hayagriva
- **3. Short notes on**Upa Vedas (Ayur veda, Stapasthaveda, gandharvaveda,) and their significance in vedic philosophy
- 4. Important pilgrimage sites and background significance of:
  - Shakti Pithas
  - Kailash
  - Manasarova
- **5. Importance of following samaskaras in daily life**. 15 samskaras from Marriage to death

in

Vedic Cultural Studies
Syllabus for
Diploma Year 4 (Grade 7)

(Minimum age to sit for exam – 11-12 years)

(Encouraged to complete grade 2sanskrit examination)

# Diploma (contd.)

6. Short Notes on the following:

Upanishads: Kena and Mundaka

Adi Shankara's works: Soundarya lahari verses 1, 27 and 66.

Sadhana Panchakam – Verses 1 to 5

- 7. Different types of vedic meters
- 8. Vratas and upasanasfollowed in daily life Chathurthi, Ekadasi, Prathosha and Pournami
- 9. Shivapurana Stories Rudra samhitha Parvathi Episode –Birth of Parvathi, Kamadeva's story, Testing of Parvathi by the saptha rishi's, Lord shiva and Parvathi's marriage, Birth of ganesha, Brahma confers boons on Demon's Tripurashura's, Lord Shiva tests Parvathi, Tarakasuravadanam
- 10.Life History of Saints of recent times:
  - Swami Vivekanadha
  - Tulsidas
- **11.Vedic disciplines followed with daily activities**: Essential disciplines that need to be followed by an individual on Waking, Bathing, Eating, before studies, sleeping, talking, attitudes towards parents, teachers and elders.
- 12. Short Notes on Bhagavad Gita summaries on Chapter 7 to 12

- 1. All students sitting for the practical exams should submit a list of all what is learnt or covered for the grade and for the previous grades.
- 3. At the practical exam, students will have to chant or recite what is chosen by the examiner(s) from the list submitted by the student.
- 4. Previous Grades' syllabuses should be covered when sitting for this grade.
- 5. Sight reading will be given by the examiner to read Sanskrit transcription of chants and Stotras.
- 6. Prepare and submit a Journal (scrapbook) at the exam. Marks will be allocated for the Journal which should be hand written.
- 7. Encouraged to complete Sanskrit Grade 2

in

Vedic Cultural Studies Syllabus for Diploma (Grade 8)

(Minimum age to sit for exam – 12-13 years)
(Encouraged to complete grade 3sanskrit examination)

### **Practical:**

### 1. Vedic Chanting:

Gayathri – Shiva, Parvathi, Hanuman, Rama, Krishna and Narasimha Rudram – Anuvaka 4 to7

Chamakam – Anuvakam 1 to 2

Ganesha Atharvashirsha – 1-3 mantra

Isavasya Upanishad - Mantra 3 to 6 and able to read all the verses

Narasimha mantra - Ugramveeram Maha vishnum

#### 2. Sloka and Stotra:

### Sloka's

Thulasi prayer

Eka slokiBhaqavatham

Pancha kanyaastuthi – ahalyaadroupadeeseetaa

Pancha devi stuthi- Uma usha cha vaidaehee

Vande umapathim

#### Stotra's

Guru Paadukastotram - Verses 1 to 4

Ganeshasankatanaashanastotram

Shiva stotra - kaasiVishvantashtakam - Verses 1 to 4 or

Bilvashtakam – Verses 1 to 4

Devi stotras: Devi Mahatmiyam – Devi Kavacham or Katgalastotram or

Kanagadaarastotra- verses 1-4 or

Rajarajeshwari ashtakam- Verses 1 to 4

Vishnu – Govindashtakam 1 to 4 or

Venkatesha suprabhaatham – verses 1 to 4 or

Sri Rama Pancharathnam -1 to 3

Subhramaniya Bhujanga stotram – Verses 1 to 4

Suryashtakam – Verses 1 to 4

# 3. Works of Adi shankara:

Matru Panchakam – 2 verses

Manisha Panchakam – 2 verses

**Shivaanandhalahari** – Verse 7 and Verse 33

# 4. Bhagavad Gita

Chapter 15: Verses - 19

Chapter 16: Verses - 1, 2, 3, 4, 15, 5 (Any 2 verses)

Chapter 17: Verses – 7

Chapter 18: Verses - 11, 63, 64, 65, 66, 73, 78 ( Any 2 verses)

in

Vedic Cultural Studies Syllabus for Diploma (Grade 8)

(Minimum age to sit for exam – 12-13 years)

# (Encouraged to complete grade 3sanskrit examination)

# Diploma (contd.)

- 21 Names from Ashtotra, &Sahasranamam
   Vishnu, Mahalakshmi orSurya 21 names
   Sahasranamam Vishnu sahasranamam verses 31-60
   Lalitha Sahasranamam verses 31-60
- 6. Shodasaupachara pooja for Ganesha

Note: Students must be able to read the rest of the verses of chants, slokas and Stotras not memorised in this syllabus.

#### **Audio- Visual Examination**

There will be a half to an hour Audio-Visual examination, to be held after the Theory exam. Audio-Visual marks will be awarded as a bonus only to candidates who pass the Theory exam.

#### Theory:

Written examinations for two and half hours will be held for the following:

- 1. Meaning of practical lessons of grade 8 and significance of the chants and verses.
- 2. Short notes on Ramayanam and Mahabharatha stories and their application to daily life
- 3. **Shiva Purana stories: Shatarudracompendiyam** Ardhanarishwara, Incarnation of Nandhishwara, Grihpati, as hanuman, Achaleshwara, Avadbuteshwara, Krishnadharshana

**KotirudraCompendiyam**– Jyotirlinga stories

**Uma compendium** – Diverse manifestations of Goddess Uma, Incarnation of durga

Kailasha Compendium – What does Om signify

- 4. Basic Astrology in Vedic philosophy relevant to daily observances. Rasi, Lagna, paksha, thithi and Nakshatra's
- 5. Summary of Teachings from Isavasya Upanishad

in

Vedic Cultural Studies Syllabus for Diploma (Grade 8)

(<u>Minimum age to sit for exam – 12-13 years</u>) (<u>Encouraged to complete grade 3sanskrit examination</u>)

### Diploma (contd.)

- 6. Short Notes on: a.Shadaanagas of veda
  - b. yama, niyama, asana, pranayama, pratyahara, dharana, dyana and Samadhi
  - c. ShodashaUpachaara Pooja
  - d. Hatha yoga, Raja Yoga, Dyana Yoga, Bhakthi Yoga
- 7. Prayarschita karmas and other essential karmas
- 8. Short Notes on Works of Adi shankara:

Sadhana Panchakam BhajaGovindham

Soundarya lahari

- 9. **Vrata's and Upasana's followed** for Chathurthi, Shashti, Sapthami, Ashtami, Navami, Ekadasi, Dwadasi, Chathurdasi, Amavasya and Pournami.
- **10.Brief Life history of** Madhavachariyar, Ramanujachariyar, Kabir, Tukkaram, and Meerabhai
- 11. Short Notes on Bhagavad Gita summaries on Chapter 13 to 18

- 1. All students sitting for the practical exams should submit a list of all what is learnt or covered for the grade and for the previous grades.
- 2. At the practical exam, students will have to chant or recite what is chosen by the examiner(s) from the list submitted by the student.
- 3. Previous Grades' syllabuses should be covered when sitting for this grade.
- 4. Sight reading will be given by the examiner to read Sanskrit transcription of chants and Stotras.
- 5. Prepare and submit a Journal (scrapbook) at the exam. Marks will be allocated for the Journal which should be hand written.

in

# Vedic Cultural Studies Syllabus for

Final year leading to – Teacher's Diploma
(Minimum age to sit for exam 14-15 years – Certificate is awarded after completion of G.C.S.E or equivalent exam)
(Grade 3 Sanskrit should have been completed for sub)

### Practical:

# Part 1 – (Concert equivalent) for 90 minutes

### ShodashaUpachara pooja

- 25-50 observers (No small children will be allowed below 9 years and children allowed will need to be supervised to maintain silence for the exam conditions and all visitors will need to be approved by the Academy)
- Pooja for 5 deities
- Gayathri for the 5 deities
- Appropriate Vedic mantras learnt from grade 1 to 8 (Diploma) with abhishekham.
- Alankaram of the deities to be completed for the 5 deities.
- 2 slokas and 2 stotras for each of the 5 deities.
- 1 to 21 names for archana for the 4 deities from the respective ashtothra and ashtothra for the main deity
- Aarti mantras
- Swasthi mantras,
- Forgivance mantras
- Mangala slokas.
- An invitation and program sheet will need to be submitted 6 weeks prior to the examination

#### Part 2:

- 1. Vedic Chanting Any 5 of the following:
  - Narayana suktam verses Mantra's 1 to 5
  - Chaturveda mantras selected mantras
  - TaitriyaSishyaanushaasanam Selected 4 verses
  - Isavasya Upanishad All verses
  - **Sri Rudram** –5<sup>th</sup>to 11<sup>th</sup>anuvaka
  - Chamakam-3<sup>rd</sup> and11<sup>th</sup>anuvaka
  - Navagraha suktam towards any 3 planets
  - Bhagya suktam— 5 verses
- 2. Sloka (any 5) and Stotra (any 10):

#### Sloka's

- Ganesha shodhashaaninaamani
- Hakaaradhapanchadaevastuthi Harim haram harishchandram
- Ashwathavrikshastuthi moolatobrahmaroopaaya
- Punya smaranam kapilamkaamdaenumcha
- Rishi smaranam- brighu Vasishta kratuangirashcha

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# Vedic Cultural Studies Syllabus for

Final year leading to – Teacher's Diploma
(Minimum age to sit for exam 14-15 years – Certificate is awarded after completion of G.C.S.E or equivalent exam)
(Grade 3 Sanskrit should have been completed for sub)

# Teachers Diploma (contd.)

### Sloka's contd

• Suprabathaslokani- Sanatkumarahsanakahsanadhanaha

#### Stotra:

- 1. Any one of the following Ganesha stotras
- Ganesha bhujangaprayatham
- Ganapathi stotra by Adi shankara Suvarna varna Sundaram
- Runahara Ganesha stotram
- 2. Any one of the following stotra for Lord Shiva:
- Chandrashekarashtakam
- Shiva thandavastotra
- Bilvashtakam
- Mrithyunjayayastotra
- Ardhanareeshvastotra
- Daridra dahana shiva stotra
- Shiva bhujangam Verses 1 to 10
- Mrityunjeevanistotra
- Shiva shadaksharastotra

#### Any one of the Devi stotra's

- Durga ashtakam
- Nava Durga stotra
- Kadgamalastotra
- Bavani ashtakam
- Devi Kavacham
- Soundarya lahari Any new 4 verses

### Any one of the Vishnu stotra's

- Narayana Stotra
- Balamukundashtakam
- Shrihari charanshtakam
- Shri Lakshmi Narasimha stotra
- Lakshmi Narasimha Karavalambhastotram by Adi shankara
- Sri sudharshanashtakam

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Vedic Cultural Studies
Syllabus for

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Teachers Diploma (contd.)

# Any one of the Subramanya stotras's

- Subramanya ashtakam
- SubhramniyaBhujangam all verses

### Any one of the following stotra's

- Roganivaaranistotra
- Hanuman Chalisa
- Hayagreevastotra
- Sri Indrakshi stotra

#### 3. Sahasranama

- Vishnu sahasranama
   – Verses 60 end
- Lalitha Sahasranama- Verses 61- 100 ( Need to be able to read the rest of the sahasranamam)
- 4. Works of Adi shankara:

Atma bhoda –selected 5 verses Tatvabhoda- selected 3 verses

- 5. Upasana Sandya vandana mantras (Males only)
- 6. Bhagavad Gita— Choose any new 10 verses out of the 108 important verses covered from Chapter 1 to 18 not submitted previously.
- 7. Selected 3 verses from Brahma sutra

#### Teaching

A student will be given for a Teaching session which will be observed by the examiners for 25 minutes. Prior to the examinations sixGita slokas will be requested to be prepared and any two to three will be selected by the main examiner to be taught to the students provided.

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# Vedic Cultural Studies Syllabus for

Final year leading to – Teacher's Diploma

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**Teachers Diploma (contd.)** 

Sight reading of Bhagavad Gita verses will be given.

A journal will need to be submitted at the practical examination.

### Theory

# Part 1 topics

- 1. Meaning of practical lessons and significance of the chants and verses from grade 1 to Teachers Diploma.
- 2. Short notes on
  - a. Upadeshasaaram
  - b. Panchadasi
  - c. Brahma sutra
  - d. Viveka chudamani
  - e. Atma bhoda
  - f. Tatvabhoda
- 3. Essence of the 10 major Upanishads.
- 4. Conduct of a pooja for any deity -
- 5. Summary off Bhagavat Gita teachings
- 6. Shada-angavedictraining
- 7. Significance of Navagraha devatha, Sashta, and all the deities covered from Grade 1 to Diploma
- 8. Valmiki Ramayana and other versions of Ramayana and what they convey to life in the 21st century.
- 9. Selected Maha Bharatha Stories and the applications of its teachings towards daily life
- 10. Importance of visiting pilgrimage sites based on the deities covered in your Diploma grades (DwadasaJyotirlingas, Shakthi Peetas, Subhramaniyakshetras, Ganesha kshetras, 108 Divya deshas of Vishnu, other deities)
- 11. Great Hindu saints of the past from your Grade 3 to Diploma.
- 12. Significance of deities studied from Grade 1 to Diploma
- 13. Importance of following observances of vratas, special days and festivals covered from Grade 2 to Diploma
- 14. Short Notes on the 18 Major puranas. Write on any 3 mahapurana's teachings and their relevant teachings for our life

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# Vedic Cultural Studies Syllabus for

Final year leading to – Teacher's Diploma

(<u>Minimum age to sit for exam 14-15 years – Certificate is awarded after</u> completion of G.C.S.E or equivalent exam)

(Grade 3 Sanskrit should have been completed for sub)

# **Teachers Diploma (contd.)**

### Part 2 topics

- 1. Astrology and its applications in temple worship and daily life.
- 2. Rig, Yajur Sama and Atharva veda and importance of it in vedic traditional learning
- 3. Homa vidhana steps and essentials
- 4. Yagya vidhi's and important steps.
- 5. Temple rituals and its significance.
- 6. Vedic teaching via internet, CD's and modern facilities.
- 7. Stapastha Veda and the philosophy from the Vedas.
- 8. Therapeutic aspects of Gandharva veda.
- 9. Modern medicine and Ayur veda comparisons
- 10. Classification of the Vedas, Upanishads, Puranas and ithikasa's.
- 11. Science and Vedantha
- 12. Shada dharshana philosophies
- 13. Importance of Veda patasala and Gurukula system
- 14. Vedic philosophy Gandharva veda, samaveda and its contribution to classical Indian music
- 15. Research in vedic studies
- 16. Sthapastaveda and sculptures and its applications to modern times.
- 17. Importance of vedic texts and its usage in the 21st century.
- 18. Advaita, Dwaita and visishtadvaita philosophies
- 19. Relationship between ishvara and ieevaa
- 20. Short notes on Vedic Mathematics
- 21. Short notes on Purushartha

- 1. Previous Grades' syllabuses should be covered when sitting for this grade.
- 2. Prepare and submit a Journal (scrap book) at the exam. Marks will be allocated for the journal.
- 3. Theory Part one will be for 3 hours on topics given on vedic heritage topics and Part two for 3 hours will be on Core Vedic related topics given. Selected topics will be given for both parts to prepare 12 weeks prior to the theory examination.
- 4. A sub-category of Sanskrit or Yoga will be tested at grade 3 level or should have been completed when applying for this grade.